

### **For a Parent Requesting Parent-to-Parent Support**

Parents can be matched according to criteria such as primary issue or concern of the parent, language, communication style and hobbies. Speaking to another parent who has experienced similar challenges in the past and understands your situation can be comforting and reduce the feeling of isolation during the early years of parenting. Parent-to-Parent Support Volunteers are a group of caring mothers and fathers who contribute their time to provide emotional and social support, a listening ear, practical advice and in some cases, referrals to parents seeking support. Please note that Parent-to-Parent Support Volunteers are not professional counselors or health care providers and do not provide medical advice.

Please read the important program details below if you are interested in speaking to a Parent-to-Parent Support Volunteer:

- Read this information carefully
- A signed consent form must be received prior to being matched with a volunteer
- A match form requesting your particular needs along with relevant personal information must be completed. Once these forms are received by Guiding Parents, the personal information entered on the Match Form will be released to the Parent-to-Parent Support Volunteer with whom you will be matched
- Information contained on the match form is entered into a database for matching purposes and released to the Parent-to-Parent Support Volunteer
- Matches are made within one week of receiving the consent form and match form, sooner if possible
- A Parent-to-Parent Support Volunteer contacts you via phone and/or email and will make multiple attempts to connect. Please Note: The volunteer's phone call may come from a blocked phone number
- When possible, more than one Parent-to-Parent Support Volunteer may be matched with you. You may receive phone and/or email contact from multiple volunteers who are matched according to your needs
- When no match is possible through the Guiding Parents Support Program, the Support Program Coordinator will contact you and provide you with other options
- Once you have completed the consent form and match form and you choose not to participate, you can contact the Guiding Parents Support Program Coordinator to request that your information is not released to a Parent-to-Parent Support Volunteer

#### **How to access the consent form:**

1. Visit the Guiding Parents website at [www.guidingparents.org](http://www.guidingparents.org) and navigate to the **Get Support** tab to download a copy of the form. Read the form carefully and write your initials next to each statement. Sign, date and print your name on the form. Email the signed form to the Guiding Parents Support Program Coordinator at [support@guidingparents.org](mailto:support@guidingparents.org)
2. Request that a welcome packet (includes Guiding Parents brochure, consent form and match form) be mailed or emailed to you by sending an email to [support@guidingparents.org](mailto:support@guidingparents.org)

#### **How to access the match form:**

1. Visit the Guiding Parents website at [www.guidingparents.org](http://www.guidingparents.org) and navigate to the **Get Support** tab to download a copy of the form. Read the form carefully and write your initials next to each statement. Sign, date and print your name on the form. Email the signed form to the Guiding Parents Support Program Coordinator at [support@guidingparents.org](mailto:support@guidingparents.org)
2. Request that a welcome packet (includes Guiding Parents brochure, consent form and match form) be mailed or emailed to you by sending an email to [support@guidingparents.org](mailto:support@guidingparents.org)
3. Send an email to the Guiding Parents Support Program Coordinator at [support@guidingparents.org](mailto:support@guidingparents.org) requesting them to complete the form for you over-the-phone

If you would like more information about the Guiding Parents Support Program or if you want to speak to a Parent-to-Parent Support Volunteer and need help completing any of the forms, please send an email to [support@guidingparents.org](mailto:support@guidingparents.org). Once we receive your email, we will assist you.

## Client Consent Form to Receive Parent-to-Parent Support

**INSTRUCTIONS:** Carefully read the consent form and write your initials to the left of each statement. Sign, print your name and date at the end of the form. Return this signed consent form to Guiding Parents by emailing to [support@guidingparents.org](mailto:support@guidingparents.org)

INITIALS	CONSENT
	I agree to participate in the Guiding Parents Support Program and give my consent to be matched with a Parent-to-Parent Support Volunteer
	I have received, read and understand the Guiding Parents brochure
	I request the organization to release my personal information provided on my Match Form to the Parent-to-Parent Support Volunteer with whom I will be matched in the program
	I understand that all information provided to Guiding Parents will be held confidential within the Parent Support Program
	I understand my information will be entered into a database for purposes of matching me with a Parent-to-Parent Support Volunteer and this information will be released to the volunteer for the purpose of the program
	<p>I understand that I may receive the following from Parent-to-Parent Support Volunteers:</p> <ul style="list-style-type: none"> <li>• Someone to listen to me and understand me</li> <li>• Someone to provide problem-solving support</li> <li>• Someone to recommend and refer me to other organizations, agencies or businesses that may help to meet my needs</li> </ul>
	I understand the Parent-to-Parent Support Volunteer will contact me via phone and/or email per my request for support
	I understand that should it be necessary for me to be referred outside of Guiding Parents, the Parent-to-Parent Support Volunteer will assist me in finding an appropriate referral source
	I understand that if no Parent-to-Parent Support match is available, Guiding Parents will contact me via phone and/or email to inform me and I may be provided with names of other Parent Support programs to contact for support
	I understand that Guiding Parents and Parent-to-Parent Support Volunteers do not assume responsibility for the results of such referrals

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	If I am not satisfied with the services provided by the Guiding Parents Support Program, I may contact my Parent-to-Parent Support Volunteer directly or the Guiding Parents Support Program Coordinator by sending an email to <a href="mailto:support@guidingparents.org">support@guidingparents.org</a>
	If I choose to no longer participate in the Guiding Parents Support Program, I will notify the Guiding Parents Support Program Coordinator by sending an email to <a href="mailto:support@guidingparents.org">support@guidingparents.org</a> and my personal information will not be released to the Volunteer after the date of receipt

I have read this consent and agree.

\_\_\_\_\_  
SIGNATURE OF GUIDING PARENTS CLIENT

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PRINT NAME OF GUIDING PARENTS CLIENT

\_\_\_\_\_  
GUIDING PARENTS PERSON WHO RECEIVED INTAKE

\_\_\_\_\_  
DATE OF INTAKE